

- 22 God, grant me the courage
not to give up what I think is right,
even though I think it is hopeless.
Admiral Chester Nimitz
- 23 There is no saint without a past
and no sinner without a future.
- 24 Hatred does more damage to the person in which it is stored
than to the person on whom it is poured.
- 25 Forgiveness saves the expense of anger,
the high cost of hatred
and the waste of energy.
E C McKenzie
- 26 If a bad person wrongs you,
forgive the person,
lest there be two bad people.
- 27 Jesus did not come to do away with suffering
or remove it.
He came to fill it with His presence.
- 28 The value of persistent prayer
is not that God will hear *us*,
but that *we* will finally hear *God*.
William McGill
- 29 Always forgive your enemies.
Nothing annoys them so much.
Oscar Wilde
- 30 All shall be well...
And all shall be well...
And all manner of thing shall be well.
Dame Julian of Norwich
- 31 He alone has a right to despair
whose sins are as great as the mercy of God.
St Augustine of Hippo

Thoughts and prayers for each day of the month

- 1 Do not reckon with your own strength and resources –
they will not suffice.
Reckon with God,
with His strength and resources,
and you will discover that they will always suffice for you.
- 2 When all your hopes are shattered,
when people disappoint you;
remember there is someone who will never disappoint you –
Someone who will love you to the very end –
and that is Jesus.
- 3 Always live in the knowledge that Jesus is present.
The assurance of His presence will change everything
and your sadness will disappear
- 4 How God will transform my troubles I do not know,
but that He WILL transform them I know for sure.
- 5 Let nothing disturb you, let nothing frighten you.
All things pass away, God never changes.
Patience obtains all things.
He who has God finds he lacks nothing;
God alone suffices.
St Teresa
- 6 There are no impossible situations –
only people who have become impossible about them.
- 7 God is Love.
All the paths He leads you on,
even the darkest ones,
will end in glory.
Keep your eyes fixed on this goal
and your heart will be strengthened
and immersed in joy.

8 Do not look forward to what might happen tomorrow.
The same everlasting Father who cares for you today
will take care of you tomorrow and every day.
Either He will shield you from suffering
or He will give you unfailing strength to bear it.
Be at peace and put aside all anxious thoughts and imaginings.
St Francis de Sales

9 Lord, you are the sole Master of the future:
keep us from despair and the fear of what is to come.

10 Stand firm now and persevere even if hardship is great.
God has already planned the moment when He will help you.

11 Trust Him when dark doubts attack you,
trust Him when your strength is small.
Trust Him, when simply to trust Him
is the hardest thing of all.
Trust Him – He is ever faithful,
trust Him, for His will is best.
Trust Him – for the heart of Jesus
is the only place to rest.
Trust Him, then, through doubt and sunshine,
all your cares upon Him cast
'til the storms of life are over
and your trusting days are past.

12 Lord, give me courage when things go wrong;
strengthen me with faith in You,
with hope in Your promises
and with love of Your will.

13 Trust God implicitly.
If you are united with Him,
nothing can harm you.

14 Love Jesus and you will experience that love,
for Jesus is the strongest power of all.
It will enable you to overcome all hardships.

15 Jesus loves you like a friend.
He holds out His hand to you...
Give Him yours.

16 Even if we lose everything else,
there is something we cannot lose:
Jesus Christ.
If you have Him,
you have everything you need
in the midst of trouble and anxiety.

17 Never tire of battling in faith,
for Satan is ever ready to attack.
The moment you no longer want to fight him, you are lost.

18 'Do not be afraid or discouraged, for I, the Lord God, am with you
wherever you go.'

(Joshua 1 v 9)

19 When you say a situation or a person is hopeless,
you are slamming the door in the face of God.

Charles L Allen

20 The only failure that is truly tragic
is not to try and fail,
but to fail to try.

21 If your faith cannot move mountains,
it ought at least to climb them.

E C McKenzie